

Local Health Office Annual Report: 2023

Rutland Local Health Office | 88 Merchants Row, Suite 300, Rutland, VT
802-786-5811 | AHS.VDHRutland@Vermont.gov

Twelve Local Health Offices around the state are your community connection with the Vermont Department of Health. **The Rutland Local Health Office provides essential services and resources to Rutland County.** Some highlights of our work in 2023 are below. For more information on our work, visit HealthVermont.gov/local/rutland

Meeting Community Needs

- In 2023 we held weekly vaccination clinics for community members experiencing barriers to accessing care. COVID test kits, Narcan harm reduction kits, condoms and health education materials were available at these clinics.
- Our Medical Reserve Corps (MRC) volunteers partnered with Rutland County Free Clinic, Turning Point and Rutland Mental Health to support the complex needs of people experiencing homelessness.
- We supported healthcare coordination for kids in foster care, gave out free baby supplies at our community baby shower and provided food and nutrition services to over 1,200 people through the Women, Infants, and Children (WIC) program.

Building Capacity

- Our staff provides grant consultation to local non-profit organizations. With our support, partners received nearly \$250,000 in 2023 which has helped our community create lasting systems that improve the health of our friends and neighbors. These funds supported many programs, such as the new Rutland County Pride Center.
- Our staff also trained and educated the community on important topics. One example is a workshop we gave on Xylazine, which is a sedative found in street drugs. This drug makes it harder to respond to overdoses and provide medical care.

Emergency Preparedness

Our staff supported community members impacted by this summer's flooding events. We staffed state-wide flood resource centers, gave out drinking water test kits, supported the development of a Long Term Recovery group and provided many hours of consultation and information around flood response.

